

Activities Calendar Winter /Spring 2024

Hello. Here's the details of our winter/spring program with a range of local activities for visually impaired people to take part in. This calendar is updated quarterly, the latest version can be found on our website. Information can also be found on our Facebook page.

As these are the winter months, we are keeping a low key schedule, there'll be more out and about events come the Spring-time. Unfortunately, we cannot provide transport but we do try to make sure venues are easily accessible by public transport.

People who have attended our events say how much they enjoyed getting out and how useful it was to meet other people with sight loss. We also welcome your ideas or suggestions for activities.

You may wish to attend with a partner or friend, while others come on their own. If you need some assistance to get about, please contact us in advance so that we can try to arrange for a volunteer to help.

It is always good to contact us to let us know which sessions you're interested in, so as we know the numbers attending. If you require any further information, wish to book - Please contact Victoria Gallimore on 01332 292262 or email: victoria.gallimore@sightsupportderbyshire.org.uk

We would love for you to join us!



Date/time	Activity	Venue	Cost	Contact/book
Monday 15 th January 10.45 am	Winter wellbeing – coffee & croissant - with chair exercise	2a, Wentworth House Vernon Gate Derby DE1 1UR	£1 donation	Contact Victoria to book a space – 01332 292262
Tuesday 20 th February 11 am	Quad café meet up	Quad Market Place Derby DE1 3AS	Pay for own drinks/snacks	Contact Victoria to organise meet up – 01332 292262
Wednesday 28 th February 10.30 am	Café meet up	Café Aroma, Chapel Street, Spondon, Derby DE21 7JQ	Pay own drinks/snacks	Contact Victoria to organise meet up – 01332 292262
Monday 11 th March 10.45 am	Catch up & folk music session	2a, Wentworth House Vernon Gate Derby DE1 1UR		Contact Victoria to book a space – 01332 292262
Wednesday 20 th March 10.30 – 12.15	Wellbeing – chair exercise catch up & croissant	Assembly Rooms Market Hall Soresby Street Chesterfield S40 1AR	£4 contribution	Contact Victoria to book a space – 01332 292262

A more in depth program will be coming out with in-door & outdoor activity from the Spring – this will include, bowling, park walks, café meet ups, music sessions and more.....